

ADOLESCENT PROGRAM

Youth; Simply more than a generation

5

GENDER
EQUALITY



Encouraging adolescents to develop a positive attitude towards social crime and degradation and develop a healthy lifestyle by acquiring moral qualities and achieving good health, adolescent physical and mental health, and awareness about safe food and nutrition.



The "Adolescent Program," implemented by the Rural Reconstruction Foundation (RRF) with the support of the Palli Karma-Sahayak Foundation (PKSF), is aimed at empowering adolescents in 3 upazillas-Jahsore Sadar, Chowgacha, Sharsha of Jashore Districts, 2 upazilla- Narail sadra & lohagara of narail district, and 1 upazilla-Fakirhat of Bagerhat districts to become future leaders. The program focuses on building a civilized and progressive nation through various educational, social awareness, and sports activities. It also promotes self-development, positive family values, and environmental protection. The goal is to enable adolescents to make visible contributions to a sustainable future. The project conducts educational and awareness programs to equip adolescents with knowledge and skills necessary for their personal development and civic engagement, Encouragement of sports participation among adolescents to foster teamwork, physical fitness, and a sense of discipline. It encourages values and behaviors that strengthen family bonds and contribute to a stable and harmonious family life.

Components of Program

1. Values development and social awareness activities
2. Adolescent health activities
3. Nutrition, hygiene and awareness activities
4. Activities related to leadership, skills, integrity
5. Culture & Sports



Activities & Achievements in 2022-23

- 1242 club formed in 6 upazillas of 3 districts.
- Soft skill development training and practice provided to 2214 in 65 events
- Training/Orientation on Leadership Development Activities were arranged for 2113 adolescent's in 67 events.
- 1396 adolescents' attended Courtyard session on different topic in 68 events
- 987 Adolescents participated in Social Awareness Activities (Training/Orientation)



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Mini Marathon

- Mini marathon energized the youth people. It provides an excellent opportunity for young individuals to challenge themselves, set personal goals, and experience the thrill of crossing the finish line.
- 5 Marathon Race were arranged where 301 adolescent participated in different upazillas.



Soft skills development and mentorship

- This combination of soft skills development and mentorship creates a nurturing environment that boosts teenagers' confidence, self esteem and overall wellbeing, equipping them for a successful and fulfilling future.



Program Impact

- Ω Adolescents and parents are very interested in adolescent program activities.
- Ω The topics covered in the session are protecting adolescents from psychological inferiority complex and creating awareness among them.
- Ω Adolescents are motivated to take action by providing leadership.
- Ω Adolescents are more encourage to use sanitary napkin now than before that reduces health risk.



Program Challenges

- Ω The area of working is very wide.
- Ω It is challenging to complete the activity by explaining right-wrong to teenagers.
- Ω It is an awareness program; it takes time to change some of the negative habits of teenagers.

FOOTER

At a Glance



ONGOING FROM

2019

FUNDED BY



1242 clubs

Total member **30197**
(Girls-15422, Boys- 14775)



TOTAL BUDGET

3809400

NO. OF STAFF

6



AREA COVERED

Narail, Bagerhat &
Jashore District.

Adolescent Member Talk



Name: Chadni Khatun
Village: Charikhad,
Union: Maijpara
District: Narail

I am a member of Maijpara Union Kishori Club implemented under the adolescent program of RRF organization

I have been associated with this club since 8th standard. From various sessions of the club I learned about TIPITAP bottle method, learned about various awareness issues like age of vaccination, importance and disadvantages of not taking this vaccination, importance of taking iron tablets.

I have learned many things from this club. Thanks to RRF organization and PKSf for this.