

# COMMUNITY HEALTHCARE PROGRAM

We make it door-step



বি মাধ্যমিক বিদ্যালয় ঝিকরগাছা, যশোর।

রিকনস্ট্রাকশন ফাউন্ডেশন



” **To enhance community health and promote the well-being of vulnerable and elderly populations through accessible, preventive, and inclusive healthcare services.**

## Key Activities

- 📍 Satellite Health Camps conducted by MBBS doctors
- 👵 Elderly healthcare services with free medicines
- 🏫 School health check-ups & vaccination coordination
- 🦷 Dental Camp | 🩺 Diabetic Camp | 🧑🏻‍🦱 Gyne Camp | 🩸 Blood Grouping
- 📖 Health education and courtyard sessions
- 👧 Adolescent healthcare services
- 🩹 Paramedic-led general healthcare
- 👩‍⚕️ Mid-wafer and child doctor trainings
- 📅 Day observations and community awareness events

## Overview

The Rural Reconstruction Foundation (RRF) has taken proactive steps to address persistent healthcare challenges in underserved rural areas through its Community Healthcare Program, launched in 2015. The initiative delivers essential services including satellite clinics, free health camps, diagnostic screenings, health education, and medicine distribution—ensuring equitable healthcare for marginalized populations. Complementing this, the Senior Citizen Welfare Program supports individuals aged 60 and above with weekly check-ups, nutritious snacks, social engagement, and essential medical care. Together, these programs demonstrate RRF's strong commitment to community well-being, preventive healthcare, and building an inclusive environment where elderly citizens are valued, respected, and supported.

## Specific Objectives

- To provide accessible primary healthcare services through satellite camps and paramedic care.
- To improve elderly well-being through regular health check-ups, nutrition support, and social engagement.
- To strengthen preventive healthcare through screenings, health education, and awareness activities.
- To offer specialized health services including eye, dental, diabetic, and gynecological camps.
- To promote school health and adolescent-friendly healthcare services.

## ☀ Quantitative Achievements FY 24-25

- 3,986 people received healthcare services through Satellite Camps by MBBS doctors.
- 4,290 individuals were served through general healthcare provided by paramedics.
- 3,675 elderly beneficiaries received regular health check-ups and free medicines.
- 1,529 students received services under the school healthcare program.
- 1,080 adolescents accessed adolescent-friendly healthcare services.
- 1,786 community members participated in health education and courtyard sessions.
- 636 individuals received blood grouping services.
- 346 women received care through gynecology camps.
- 201 individuals were served through diabetic camps.
- 170 people received dental care through dental camps.
- 200 participants benefited from mid-wafer nutrition training.
- 240 children participated in child doctor training.
- 99 community members took part in day observation activities.
- 29 individuals received dedicated diabetic check-up services.



## ⚠ Major Challenges

- Limited funding capacity to expand health and recreational services to new areas.
- Limited participation in some specialized camps (eye, dental).
- Staff shortages are affecting event-based activities.
- High demand for services compared to available resources.

## ☀ Social Inclusion Environmental Impact

- Rural women gain easy access to healthcare through courtyard sessions held within their communities, reducing travel barriers and encouraging regular health check-ups.
- Primary health services reach all age groups, as children, adults, and elderly individuals attend diabetic camps, gynecology camps, and satellite clinics.
- MBBS doctors provide direct medical support in rural areas, ensuring timely diagnosis, treatment, and referral for community members who otherwise lack access to formal healthcare facilities.
- Community health awareness increases as courtyard sessions promote knowledge on hygiene, nutrition, maternal health, and disease prevention.

## 💡 Actions Taken to Overcome Challenges

- Increased community mobilization and local announcements.
- Strengthened coordination with local leaders, schools, and volunteers.
- Prioritized high-demand services such as elderly healthcare and paramedic care.

## Capacity Building and Training

Training Title	Participants	Purpose / Outcome
Mid-wife Training	40	Mid wives can help during and after the pregnancy in the community.
Child Doctor Training	240	Basic health awareness among school children

## Plans & Priorities in Upcoming Year

### Expansion Areas

- Strengthening nutrition and mental health activities in upcoming yeras.
- Expanding diabetic and gynecology screening services.
- Introducing mobile health units for remote villages.
- Enhanced monitoring system for child growth and adolescent health.

## Basic Information



**Funding Partner:**  
RRF



**Ongoing:**  
From 2015  
to till



**Budget:**  
BDT  
4,366,000



**Staff:**  
03



**Beneficiary:**  
18267  
(Female: 12891,  
Male: 5376)



**Area:**  
Jashore District  
(Abhaynagar,  
Jhikorgacha and  
Sharsha  
Upazilas)



## Voice of Transformation



Shirin Akhter, a 52-year-old homemaker from a remote village, often suffered from chronic weakness and untreated health problems because she could not afford regular check-ups. After attending RRF's satellite health camp, she received proper diagnosis, free medicines, and guidance from the MBBS doctor. Within weeks, her health improved, and she finally felt strong enough to manage her household and care for her children. Shirin now encourages other women in her village to visit RRF health camps, saying the service has brought "a new light" to her life. RRF's support transformed her fear into confidence and her illness into hope.