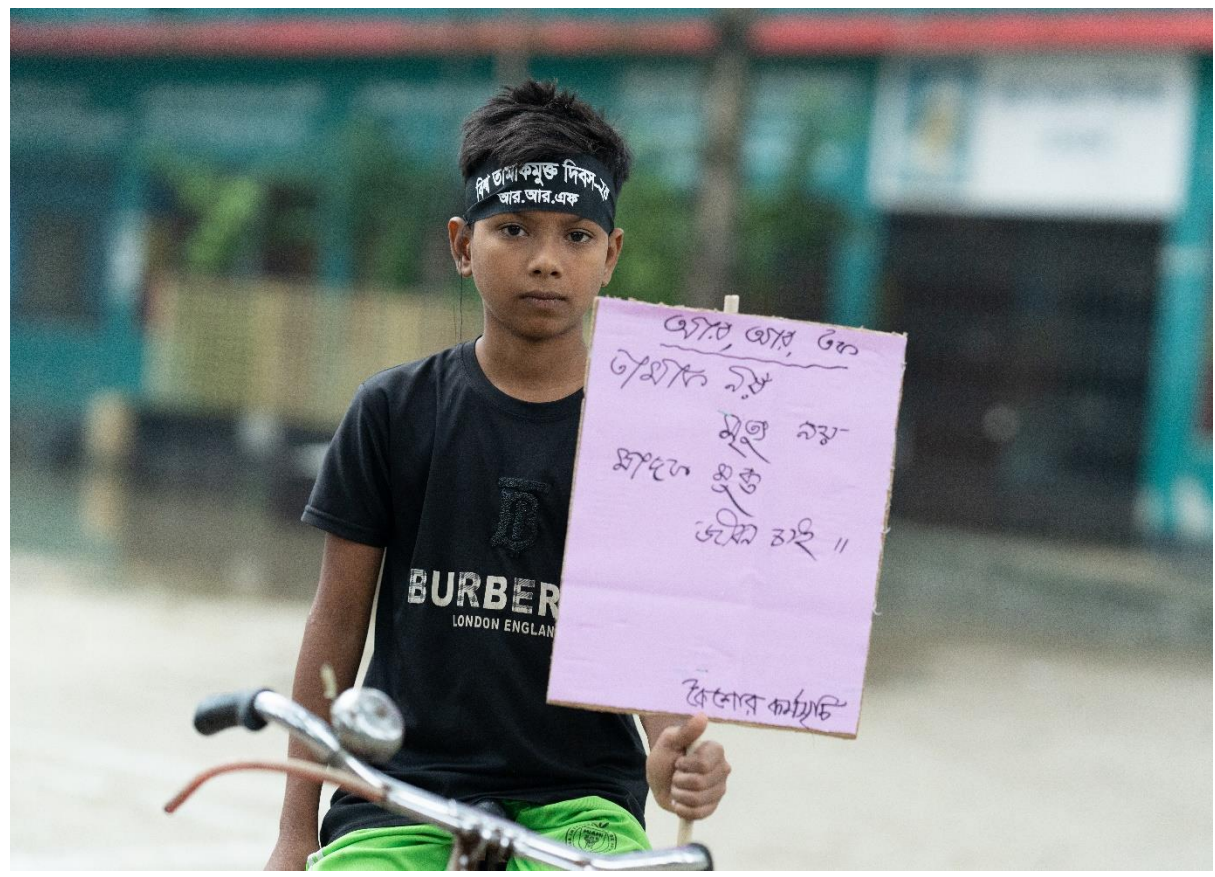


ADOLESCENT PROGRAM

Youth; Simply more than a generation



In January 2015, the Rural Reconstruction Foundation (RRF) launched a pioneering community-based pre-school program under its Corporate Social Responsibility (CSR) initiative, aimed at delivering quality early childhood education to children in the Jashore district. Recognizing the importance of a nurturing, stimulating environment for young learners, RRF’s pre-school program focuses on holistic child development, including physical, social, emotional, and cognitive growth for children aged three to four. The educational framework is designed to be adaptable, providing children in rural communities with a foundational education that promotes lifelong learning, well-being, and community connection. Through continuous assessment and improvements, RRF’s framework reflects its commitment to early childhood education and community development.

FACT & FIGURE

Sl.	Fact	Figure
1	Name of the program	Adolescent Program
2	Duration	From 2019 till to date
3	Supported By	PKSF & RRF
4	No. of members in FY:2023-24	38614 (boys – 18925, girls– 19689)
5	No. of Clubs in FY:2023-24	1242 (boys-621, girls-621)
6	No. of staff	06
7	Working Location	Jashore District (Bagharpara, Sharsha, Chowgacha upazilla) Narail District (Narail Sadar, Lohagara Upazilla) Bagerhat district (Fokirhat upazilla)

WORKING AREA, CLUB & MEMBER INFORMATION

SL	District	Upazilla	Union	No. Of Club			No. Of Member		
				Boys club	Girls club	Total	Boys	Girls	Total
1	Jashore	Bagharpara	10	90	90	180	2724	2850	5574
2		Chowgacha	12	108	108	216	2668	2692	5360
3		Sarsha	12	108	108	216	3017	2980	5997
4	Narail	Narail Sadar	14	126	126	252	4300	5009	9309
5		Lohagara	13	117	117	234	3897	3792	7689
6	Bagerhat	Fokirhat	8	72	72	144	2319	2356	4675
	3 District	6 upazilla	69	621	621	1242	18925	19679	38604

PROGRAM COMPONENT



1. Social and Health Awareness, Leadership, and Soft Skills Development

- Health Awareness: Educates adolescents on personal hygiene, nutrition, and overall wellness.
- Leadership & Soft Skills: Develops communication, teamwork, and problem-solving skills, enabling youth to lead in family and community settings.
- Social Awareness: Empowers adolescents with knowledge about social issues, environmental responsibility, and sustainable practices.

2. Cultural and Sports Activities

- Cultural Engagement: Provides a platform for adolescents to celebrate cultural heritage through arts, fostering national pride and community bonds.
- Sports Participation: Encourages physical fitness, discipline, and teamwork, reinforcing a balanced approach to physical and mental well-being.

3. Social Advocacy & Knowledge Dissemination

To celebrate World No Tobacco Day to highlight the harmful effects of tobacco and all other types of drugs and to create awareness at the community level.

PROGRAM ACTIVITIES & ACHIEVEMENT IN FY: 2023-24

Social and health awareness, leadership development and soft skills development activities

SL	Particular	No. events	No. Of participants
1	Social Awareness Activities	69	2515
2	Soft skill Development Training	69	2190
3	Leadership Development activities	63	2190
4	Marathon Race	6	366
5	Adolescent fair (Awareness & Health Related)	6	572
6	Court yard Meeting	1208	18039
Total		1421	25872



Cultural & sports activities

Particular	No. events	No. Of participants	
8	Poetry Writing/Story and Essay Writing/Illustration	59	1937
9	Pure pronunciation and poetry recitation/speech/music/drama	59	1864
10	Upazilla Wise cultural Competition (final round)	6	393
11	Union level Outdoor games	69	2176
12	Union level Indoor games	69	2479
13	Upazilla Wise Sports Competition (final round)	6	445
Total		268	9294



Volunteer activities of the club

- A total 12 child marriage was prevented by the club members.
- 7 times sexual harassment, abuse of women, children and the elderly were Prevented
- 11-time lesson plan were repeated.
- 188 times club members done physical exercise session.
- Cleanliness, environment and sanitation activities held 235
- 45 times Voluntary work at school level were done.
- In 5 anti-tobacco awareness cycle rally/manabbandhan by club mentors Organize with 120 members.

IMPACTS

- **Leadership**

- **Growth:**

- Adolescents have shown marked improvements in confidence, communication, and teamwork, reflecting in their roles within the community and family.

- **Health and Hygiene**

- **Awareness:**

- Increased awareness of hygiene practices

has contributed to healthier habits among program participants, supporting overall community wellness.

- **Stronger Family Bonds:** Emphasis on family values has positively influenced relationships, fostering stable, supportive family environments.
- **Civic Responsibility:** Adolescents are now more aware of their roles in community development, with many actively participating in environmental and social initiatives in their localities.



CHALLENGES

- **Community Engagement:** Gaining active involvement from parents and community members has been challenging, especially in areas where early education and development programs are undervalued.
- **Resource Constraints:** Limited funding affects the reach and quality of resources, materials, and activities offered within the program.
- **Sustained Participation:** Keeping adolescents consistently engaged amidst other familial and educational responsibilities is challenging, particularly in rural areas with limited access to transport.

ADOLESCENT PARTICIPANT REFLECTION

"I am Mukta, an active member of the Kishori Club in Narkelbaria. Through our club's social awareness activities, I've learned about the serious consequences of child marriage and dowry. We've had courtyard meetings with our parents, and awareness plays are organized to show the harm these practices cause. Now, everyone in our community knows they can call 109 to stop a child marriage. In our Kishori Club, we all understand that 'child marriage below 18 is a punishable offense,' and we've learned to confidently say 'no' to child marriage. I feel proud to help make our community safer and more aware."



Name: Mukta Khatun
Father Name: Abu Zafar
Mother: Hasina Begum
Age: 15 years, Class: 10th
Club Name: No. 4 Narikelbaria
Kishori Club.Bagharpara, Jessore.