

# ADOLESCENT PROGRAM

Youth; Simply more than a generation

*Encouraging adolescents to develop a positive attitude towards social crime and degradation and develop a healthy lifestyle by acquiring moral qualities and achieving good health, adolescent physical and mental health, and awareness about safe food and nutrition.*



Today's adolescent are the leader of the future, by absorbing this notion Rural Reconstruction Foundation (RRF) with PKSf's financial support implementing the "Adolescent programe" in Jashore, Meherpur, Norail and Bagerhat districts from July 2019. Activities aims is to build a civilized and progressive nation by organizing various social awareness and educational programs including sports, develop social values, promote self-development, create positive values in individual and family life leading to sustainable development. The club member practice appropriate initiatives in health and environmental protection, so that, now adolescent can make visible contribution to strengthen the foundation of future.



## Program at a Glance



Ongoing from 2019



Funded by RRF & PKSf



94 Club



44 School Forum



Total Budget  
40,23,500 BDT



Total Staff # 06



Total Project Participants  
2437 (Boys-378, Girls-2059)



Jashore, Meherpur, Norail and Bagerhat District.



## Component

1. Values development and social awareness activities
2. Adolescent health activities
3. Nutrition, hygiene and awareness activities
4. Activities related to leadership, skills, integrity
5. Culture & Sports



### District Wise Adolescent Club Info

Sl. No	District	Upazilla	Number of Club			Number of Member		
			Boys	Girls	Total	Boys	Girls	Total
1	Jashore	Jashore Sadar	5	4	9	103	71	174
		Jhikargacha	3	4	7	51	73	124
		Sarsha	0	1	1	0	15	15
		Abhaynagar	0	12	12	0	345	345
		Bagharpara	0	3	3	0	91	91
Sub Total			8	24	32	154	595	749
2	Narail	Narail Sadar	3	12	15	97	324	421
		Lohagara	3	10	13	98	284	382
		Kalia	1	3	4	29	96	125
Sub Total			7	25	32	224	704	928
3	Bagerhat	Fakirhat	0	10	10	0	243	243
		Chitolmari	0	5	5	0	125	125
Sub Total			0	15	15	0	368	368
4	Meherpur	Meherpur Sadar	0	11	11	0	289	289
		Gangni	0	4	4	0	103	103
Sub Total			0	15	15	0	392	392
Grand Total			15	79	94	378	2059	2437

### Impact

- The members of the club work to create social awareness and interest in various issues, including health, nutrition, environmental protection, and hygiene among the common people of the area.
- We could empower our adolescents, especially adolescent girls, by providing them with life skills to stand up for their rights, including their consent to marriage fully and freely.
- Awareness, different health-related events, and courtyard sessions are conducted to prevent all forms of oppression (abuse of women and children, sexual harassment, domestic violence, child marriage, dowry, suicide etc).
- By the help of group meetings, courtyard sessions and events adolescent girls are now conscious of their health safety during the menstrual time of the month, benefits of vaccination, personal hygiene etc.
- We are providing Sanitary Napkin at a very low rate to remote areas to support their health safety.
- Constant distraction, social disruption, health problems, youth crimes, etc. are some of the major disadvantages of using mobile phones. Through our program adolescents can engage themselves in different social activities and develop leadership skills, communication skills and sports & culture helps them to develop physical and mental health.



## Challenges

- This program does not have a coordinator to coordinate the activities and staff properly at the field level.
- Most of the adolescents are engaged in their education exclusively school, afternoon coaching, they have less time to attend the club activities.
- There is no visible infrastructure of a club in the community where they can come, sit & play.
- In present circumstances adolescents are very much involve with social medias and smart phone which is another big challenge to bring them in the clubs.
- Some of the challenges for the adolescent and their families have a lack of interest, others are related to the stigma associated with reproductive health, sanitary napkin, social communication. Convincing them is a very tough role to play.
- As working area is quite big so bringing all the community and adolescents to implement this program is a big challenge.



## Activities in FY 2021-22

Component	Activities	No. Of Events
Values development and social awareness activities	providing food aid to the people affected in Corona pandemic	3
	New club opening & parents meeting	3
	New club opening & disbursement of logistics	17
	Inter-club debate competition	9
	Discussion meeting on prevention of child marriage & Dowry system	9
	Discussion on personal hygiene and sanitation	7
	Adolescent & Parents assembly	42
	Quiz competition & discussion meeting with the adolescents & parents	6
	Celebrated World hand washing Day	5
	Discussion meeting & quiz competition on Nutrition	67
	Quiz competition on Victory Day	14
	Logistics distribution	8
Quiz & Art competition on international mother Language Day	13	

	Quiz competition on international women's day	12
	Opening a library and providing books	13
	Sports material provided to the club	2
	Cultural & sports competition to celebrate Children's Day	6
Adolescent health activities	Nutrition Quiz competition	37
	Discussion on reproductive health care & distribution of sanitary napkins	152
	Primary health care training & distribution of first aid box	40
	Distribution of health-related materials	19
	Discussion on health safety & quiz competition	40
Culture & Sports	Ludu Competition	1
	Essay writing competition on teachers' day 11	11
	Quiz competition on victory day	2
	Football competition	2
	Quiz competition on Victory day	8
	Discussion on seven heroes of Bangladesh (Birshreshtha) on Victory Day	10
Activities related to leadership, skills, integrity	Art competition to observe National Mourning Day	4
	Essay writing competition to observe National Mourning Day	6
	Reciting Art competition to observe National Mourning Day	15
	Quiz & Art competition on international mother Language Day	13
	Quiz competition on international women's day	12
	Discussion and reciting competition to observe Russel Day	19
	Essay writing competition & Discussion to observe Russel Day	7
<b>Total Event</b>		<b>731</b>